

**PERSONAL GROWTH SHEET**  
**BOY SCOUT RANK**



**Who fills this out:** The Scout, before his SMC for Boy Scout Rank.

**Who receives it:** The Scoutmaster, at the SMC.

\_\_\_\_\_  
(Today's Date)

**A. ABOUT ME:**

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Grade: \_\_\_\_\_

Nickname (if any): \_\_\_\_\_

Favorite season of the year: \_\_\_\_\_

Patrol: \_\_\_\_\_

School: \_\_\_\_\_

Place of Worship (if any): \_\_\_\_\_

**B. BOY SCOUTS:**

The main reason I joined Boy Scouts is: \_\_\_\_\_

My favorite thing I've done in Troop 542 so far is \_\_\_\_\_

\_\_\_\_\_

The most challenging thing I've done in Boy Scouts so far is \_\_\_\_\_

\_\_\_\_\_

Boy Scouts means these things to me: \_\_\_\_\_

The most important thing(s) that I have learned from Scouts thus far: \_\_\_\_\_

\_\_\_\_\_

**C. MY PATROL:**

My Patrol Leader/Guide ( ) does, ( ) does not communicate what is going on in the Patrol and Troop

The best way for my Patrol Leader to communicate with me is: \_\_\_\_\_

I can help my Patrol by: \_\_\_\_\_

**D. OUTSIDE OF SCOUTS**

Some of my hobbies are: \_\_\_\_\_

Outside of Scouts, I look forward to: \_\_\_\_\_

Within the next year, one goal I have is: \_\_\_\_\_

Within the next 10 years, one goal I have is: \_\_\_\_\_

**E. IN THE TROOP:**

In Scouts, I look forward to: \_\_\_\_\_

Within the next year, one goal I have in Scouts is: \_\_\_\_\_

I will try to help the Troop by: \_\_\_\_\_

If I were Scoutmaster of Troop 542, one thing I would do is: \_\_\_\_\_

\_\_\_\_\_

**F. WORKING TOWARD ADVANCEMENT:**

I will continue to work towards Tenderfoot and will try to reach this goal by: \_\_\_\_/\_\_\_\_/\_\_\_\_

For my necessary service hours, I propose to: \_\_\_\_\_

**G. SCOUT SPIRIT:**

What does "Scout Spirit" mean to you? \_\_\_\_\_

\_\_\_\_\_

In the Scout Oath, "Duty to God" may mean different things to each Scout.

What are some ways *you* could fulfill your Duty to God?

\_\_\_\_\_

\_\_\_\_\_



Respectfully submitted,

\_\_\_\_\_  
(Scout's Signature)

SM Conference held: \_\_\_\_/\_\_\_\_/\_\_\_\_ SM Signature: \_\_\_\_\_



# **HOW TO PREPARE FOR A PROGRESS REVIEW BOARD**

## *NOTE FOR THE BOY SCOUT RANK PROGRESS REVIEW BOARD*

The progress review board for Boy Scout rank is considered a practice board to give you a level of comfort for future progress reviews.

A progress review (often called a Board of Review) is a meeting between you and some of the troop leaders where they check to be certain that you meet all of the requirements for your progress award.

### **What should I wear and bring?**

- Wear your full Class A uniform (with merit badge & OA sashes if you have them)
- Bring your Scout Handbook
- Bring your record of service hours required
- Bring your leadership binder (for certain leadership positions)

### **What types of questions might be asked?**

- Scout Spirit
  - Be able to repeat the Scout Oath, Law, Motto, Slogan and Outdoor Code and understand what each means
  - You may be asked how you live out these Scouting values in your daily life
  - You may be asked “Tell how you have done your Duty to God”
- Participation
  - The review members will review your attendance records (meetings and trips) with you, so be prepared to explain any large gaps or poor attendance times.
- Badges
  - The review board is responsible to check all merit badges required (for higher ranks) have been completed. You should have a completed Blue Card for any badges not yet in the Troop’s records.
- Leadership (Star and higher)
  - The review board will ask what you do in your leadership position and will review any feedback from scout and adult mentors. You should review your leadership commitment page prior to the review board.

I certify that Scout \_\_\_\_\_ has had a Scoutmaster’s Conference with me.  
(Fill in your name above)

Scoutmaster's signature \_\_\_\_\_ Date \_\_\_\_\_